Guidance on completing the Ethical Approval and Risk Assessment Form (projects involving human subjects)

This document provides guidance to staff and students who are filling in the Department’s Ethical Approval and Risk Assessment form. Please read the guidance to each section as you are filling in the form.

About the Sociology Ethics and Risk Assessment for Research Committee (SERAR)

The remit of SERAR is to ensure that research conducted by members of the Department conforms with the ethical standards of the relevant professional bodies and of the academic profession as a whole; and that it complies with the Department’s legal responsibilities, especially those relating to the safety and wellbeing of staff, students and research participants.

Assessment procedures

Proposals do not need to be zero risk in order to be given permission to proceed. But the Committee must be satisfied that the risks have been thoughtfully assessed and are not unacceptably high.

Where the Committee feels that issues of risk or ethics have not been satisfactorily addressed, it may return your form to you, asking for clarification. Where an application raises more serious issues, the project will be passed to the University Humanities and Social Sciences Research Ethics Committee for full review. Applications involving contact with vulnerable individuals will always be subject to full review. Full review can take time, so if you are planning research that involves vulnerable groups or sensitive topics, please submit your application well in advance of starting your research.

Undergraduates and MPhil students are strongly advised to avoid proposing research which may need full ethical review, because you may run out of time to do your fieldwork before approval can be granted.

Professional Guidance on Research Ethics

The following bodies issue guidelines on research ethics which will be useful when completing your application form; please familiarise yourself with them. The ESRC guidelines are particularly useful, as they contain illustrative examples.

Economic & Social Research Council (ESRC) British Sociological Association (BSA)
The Social Research Association (SRA)
University of Cambridge School of Humanities and Social Sciences

NHS (National Health Service)
The remainder of this guidance document gives you step-by-step assistance to completing your ethical approval and risk assessment.

Section 1. Contacts, and the Checking-in Procedure

You are asked to give details of two significant contacts so that, in the unlikely event that we become concerned for your safety, we are able to make contact as quickly as possible with people who may be able to help.

If you are a student, it is unlikely you will be given clearance unless you adopt the protocol. If you are a member of staff, you do not have to provide contact details although it is recommended. If you elect not to, please write “DECLINED” in the relevant boxes, to indicate that you have actively declined.

Please remember to update these details as necessary – you can do this by emailing Paulina Baltsoukou in the Sociology Department (pb815@cam.ac.uk).

The **contact in your fieldwork location** should ideally be someone who will be in regular contact with you in that location, and who is also familiar with the local language.

Please nominate your **check-in contact (CIC)** in accordance with the following guidance. The Department’s checking-in procedure consists of the following stages.

- Before starting fieldwork, select a named individual as your check-in contact (CIC).
- Ensure that the Department and your CIC have each other’s phone number and email addresses. Give your CIC the following contact details:
  - +44 (0)1223 767444 This is the University’s 24-hour emergency contact number. If your CIC is worried about your safety, this is the number they should call.
  - enquiries@sociology.cam.ac.uk
  - pb815@cam.ac.uk
  - +44 (0)1223 334520 (the Department’s telephone number – please do NOT leave a message on this number, as it may not be picked up for some time).
- Ask your CIC to contact the University if you fail to check in with them at an appointed time, and they cannot reach you to check you are safe.
- Each time you leave for an interview or appointment, tell your CIC where you are going, who you will be meeting, and when you expect to finish.
- When the interview or appointment is safely over, let your CIC know that you are safe.

Section 2. Project details

We do not need to see a lot of theoretical background in this section. Please use this section to tell us about your research questions, and how your fieldwork will fit into this.

Before completing this section, please read ahead to the questions in Section 3, to avoid duplication.

Section 3. Your Participants

Part of good research ethics is ensuring that participants are not excessively burdened by a research project, and have a comfortable experience of taking part. This means that the letters, information and consent forms, and interview guide relating to the project should be tailored to participants’ needs and abilities. If you plan to interview people who are expert in a field it may be appropriate to include technical detail in your approach and your questions; for other people you
should try to avoid technical language, and phrase your materials in a way they will understand. If in doubt, pilot your materials on a friend or family member who does not have a background in sociology. If you plan to interview people with limited literacy, please take particular care to use simple language and expression. We will return your forms for amendment if they do not meet these standards.

You may like to include a link to the University’s guide to the use of personal information, in your initial approach to participants.

https://www.information-compliance.admin.cam.ac.uk/data-protection/research-participant-data

The best way of establishing how long an interview or questionnaire will take (question 3d) is to pilot it on a small number of people. A pilot is also a good idea in order to ensure that your participants understand your questions in the way you expect. Please be aware that your University colleagues are unlikely to be ideal subjects for these pilots. Firstly, some of the questions may not apply to them, meaning they will skip much of the content and finish in a short time; secondly, their interpretation of the questions will tend to be similar to your own interpretation rather than that of your respondents.

Section 4. Informed Consent

The application form defines vulnerable individuals as children under 18 and people who cannot give informed consent owing to cognitive or psychological disabilities. A more extensive list of people who may be considered vulnerable, or situations in which people may be vulnerable, is provided by the ESRC.

If your contact with vulnerable individuals will be only incidental (option B) this should not delay approval, provided you state clearly in your safeguarding statement that you will not spend time alone with vulnerable individuals.

You are welcome to use the Department’s template for the informed consent form; however, you MUST adapt it for your own project. Please ensure that the language is appropriate to your participants (see Section 3 of this guidance). There is also guidance on the University's Data Protection and Ethics web pages.

Traditionally, participants give consent by signing a paper form. However, for online interviews it may be more appropriate to email a form for your participants to return, or to create a Google form. Please indicate how you will collect consent in your application form.

If you will be dealing with organisations, please be clear about how you propose to obtain approval from a representative of the organisation.

Section 5. Anonymity, Accuracy and Data Security

This section relates to data obtained from human participants. For data obtained from other sources, please see Section 8.

Section 5a. Providing anonymity to your participants is not compulsory – if you will be interviewing public figures, it may be more appropriate to interview them “on the record”. However, it is usual when using data on private citizens to give an undertaking of anonymity.
Section 5b. You need to consider all stages of the research. Please remember that simply omitting people’s names from written research does not necessarily mean that individuals cannot be identified. This is particularly likely with people in unusual situations, or in prominent positions.

Section 5c. It is generally good practice to give people who are interviewed “on the record” the chance to read the remarks attributed to them before they are published, and to confirm that they have been accurately represented. This said, there is no obligation to do this, unless you have given a previous undertaking to your respondent that you will do so; and you are also under no obligation to publish your respondent’s account if it disagrees with your own.

Section 5d. Again, there is no requirement that you will share your results with participants, but many researchers like to “close the circle” by doing this. An edited summary may be much more suitable than sharing the entire PhD.

Section 5e. This is extremely important, and there are many considerations. Is your laptop encrypted? Is your memory stick encrypted? Will you be storing your data on any other devices, or on a cloud drive? Will your data be stored in an encrypted file? What will you do with audio recordings? Are your devices automatically backed up? Where are backups stored? See this information on storage and this information on compliance to develop your response.

Section 5f. There is no “correct” answer to this question, but it is useful to plan ahead to the end of your project, and to ensure that your plans are compliant with the General Data Protection Regulations (GDPR) legislation.

Further guidance on data management: Research Data Management | (cam.ac.uk)

Section 6. Health and Safety in the Field

Please use this section to describe ALL potential risks.

The Department and the University take very seriously their obligation to ensure the safety, as far as possible, of students and staff on fieldwork. We do not expect your research to be entirely risk-free, but we do expect that researchers will consider carefully how to keep themselves safe.

Please read the guidance of the Social Research Association on researcher safety and watch the training video on assessing risk provided by the University. For further guidance on safe travelling see the University’s website Safeguarding Work Away.

Section 6c. Under normal circumstances, there are only a few locations so dangerous that we would rule out a project being undertaken there; but we do need to know that you are aware of any risks involved in travel to that location, and will take sensible steps to mitigate them.

Examples of mitigation strategies could include arranging interviews in public places; arranging to be accompanied by a local guide or working in pairs; the check-in procedure outlined on Page 2 of this document; or modifications to that procedure in response to particular risks. In some cases, restrictions due to COVID-19 may mean that some mitigation strategies are no longer feasible; please give details if this applies to you.

Section 6d. Experience living or working in an area, a knowledge of the local language, or having a network of local contacts, would be taken into account as enhancing personal safety.

Section 6e. Comprehensive travel insurance is a precondition for obtaining fieldwork funding for PhD students; we would also expect other staff and students to obtain suitable insurance. The University of Cambridge travel insurance scheme is available to University staff and graduate students travelling for fieldwork.
Section 7. Risk Assessment

The following definitions apply in this section:

**HAZARD** – a possible outcome or event which carries the potential for harm. Examples: being exposed to a communicable disease, or experiencing emotional trauma.

**LIKELIHOOD** - the probability that the hazard will actually occur. Please score as follows:

<table>
<thead>
<tr>
<th>Score</th>
<th>Likelihood</th>
<th>Chance that the outcome will occur</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>High unlikely</td>
<td>Under 0.1%</td>
</tr>
<tr>
<td>2</td>
<td>Unlikely</td>
<td>0.1% - 5%</td>
</tr>
<tr>
<td>3</td>
<td>Moderately likely</td>
<td>5% - 25%</td>
</tr>
<tr>
<td>4</td>
<td>Likely</td>
<td>25% - 75%</td>
</tr>
<tr>
<td>5</td>
<td>Highly likely</td>
<td>75% - 100%</td>
</tr>
</tbody>
</table>

**SEVERITY** – The amount of harm that would be done if the hazard actually occurred

<table>
<thead>
<tr>
<th>Score</th>
<th>Likelihood</th>
<th>Examples</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Very small</td>
<td>Wasted time or effort; boredom; mental fatigue; minor embarrassment or frustration; minor property damage; minor or moderate physical discomfort; minor invasion of privacy; the anticipation of any of these.</td>
</tr>
<tr>
<td>2</td>
<td>Small</td>
<td>Minor physical pain; moderate psychological distress (embarrassment, shame, etc.); minor reputational damage; the anticipation of any of these; offence; moderate property damage; moderate invasion of privacy; increased exposure to everyday risks (traffic, air pollution, etc.)</td>
</tr>
<tr>
<td>3</td>
<td>Moderate</td>
<td>Moderate physical pain (actual or anticipated); recalling of traumatic events, moderate to high intensity stress or anxiety, etc.</td>
</tr>
<tr>
<td>4</td>
<td>High</td>
<td>Severe physical or psychological pain or damage, etc.</td>
</tr>
<tr>
<td>5</td>
<td>Very high</td>
<td>Substantial destruction, serious injury, medium to long-term disability, death.</td>
</tr>
</tbody>
</table>

**RISK RATING** = LIKELIHOOD x SEVERITY

**OVERALL RISK RATING** = the highest risk rating of all the hazards you have described

Projects with an overall risk rating of 6 or under are deemed as low risk; those with higher overall risk ratings are classified as medium risk (8-10) or high-risk (12 or over), and are likely to be referred to the University ethics committee.

If any of the following apply to your project, you are expected to cover the issue in the risk assessment:

- Working with vulnerable individuals, such as those suffering from a physical or mental illness or those who have suffered a recent trauma.
• Asking questions concerning intimate details about their own personal lives or those of people close to them – for example about bereavement, sexual behaviour, family troubles, violence, alcoholism, or drugs.
• Requesting sensitive information which is likely to cause an emotional reaction or that requires particular measures to protect the confidentiality of your participants

Section 8. Data Security and Anonymity (Secondary and Archival Data)

This section relates to data obtained from secondary sources, archives, or publicly available data.

Data security is an increasingly important consideration, and failure to comply with General Data Protection Regulation (GDPR) or any conditions set down by custodians of secondary data, could damage the reputation of the Department and your own reputation as a researcher; it could also jeopardize your ability to obtain access to secondary data in the future.

If you are using secondary data, the majority of the ethical issues and anonymization will have been done by the data collection agency; however, you should still ensure that you are familiar with the University’s policy on the use of personal data.

https://www.research-integrity.admin.cam.ac.uk/academic-research-involving-personal-data

If you will be using only publicly available data, please complete only section 8a (and section 8c, if it applies).

If you will be using data for which you have to make an application, please complete section 8b (and section 8c, if it applies).

We strongly advise you to keep any documents relating to data access, and any undertakings that you have signed, for future reference.

There is guidance on data protection and research ethics as well as managing your data securely available on the University’s Research Data Management site: Data Protection and Ethics | Research Data Management (cam.ac.uk)

Section 9. Checklist

Processing is easier if the attachments are pasted at the end of the application document (as screenshots, if necessary). If this is not possible, please submit them separately.
Consent form for participants in research projects

[TEMPLATE - PLEASE AMEND TO REFLECT YOUR PROJECT]

Title of Project:
Researcher:
About the Project:

The University’s regulations on the secure storage and use of participants’ data may be found at https://www.information-compliance.admin.cam.ac.uk/data-protection/research-participant-data

1. I confirm that I have understood the purpose of the project and my participation in it, and I have had the opportunity to ask questions.

2. I understand that my participation is voluntary and that I am free to withdraw at any time without giving any reason.

3. I understand that my responses will be anonymised and used only for academic research.

4. I understand that my interview may be recorded.

5. I agree to take part in the above project.

Signatures

Participant: ________________________________

Name __________________________________________

Signed ____________________________ Date ____________

Researcher: ______________________________

Name __________________________________________

Signed ____________________________ Date ____________